



# Home Care Services

## Ponteix/Vanguard/Mankota/Val Marie

Home Care is a health care service that is provided to people of all ages in their home to promote independence and improve quality of life. Below is a list of services we provide.

If you think that any of these services could benefit yourself or a loved one please call **306-625-5103**. Doctor or Nurse Practitioner orders are only required for nursing specific services.

### Services Available

- Bath or Shower Assist
- Facility bath in Ponteix or Mankota
- Basic Housekeeping
- Medication reminders
- Adult Day Program in Ponteix or Mankota
- Meals on Wheels in all communities
- Safety Checks
- Wellness clinics
- Footcare
- Respite care
- Therapy referrals

### Nursing Services

- Palliative care
- Medication Management
- Wound care
- IV therapy
- Oxygen Therapy
- Catheter and ostomy care
- PICC and Port care
- Injections
- Vital signs monitoring

**Sarah Glas, RN. Home Care Case Manager Monday—Friday**

**306-625-5103** (office) or **306-625-7993** (cell)

### *Healthy People, Healthy Saskatchewan*

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.

